

Aiki Combat

2nd Brown Belt Requirements

1. Release Technique 4
2. Spider Single lapel
3. King Cobra front choke
4. Heaven and Earth hook punch
5. Python jab
6. Crossbow jab
7. Whirlwind cross
8. Shogun hook punch
9. Longsword hook punch
10. Ax ground defense
11. Thunder roundhouse kick
12. Sickle front kick
13. Scorpion overhead knife
14. Hammer knife
15. King Crocodile knife
16. Soldier knife
17. Jab cross drill